

PARISH OFFICE:

Next to the church
165 Serpentine Rd, Terrigal
PO Box 4, Terrigal, NSW, 2260

Phone: (02)43674610

Email: starsea@bigpond.net.au

Website:

www.bbcatholic.org.au/terrigan
www.facebook.com

Office Hours:

Monday - Friday
9.00am - 5.00pm

Administrator

Fr John Puli

John.Puliparambil@bbcatholic.org.au

Pastoral Associate /

Parish Secretary:

Mrs Janette Merrotsy
0421 416 555

Parish Secretary:

Mrs Nellie Sheridan

Our Lady Star of the Sea

Primary School Principal:

Maria Kennedy

Ph (20) 72562119

Email: olss@dbb.catholic.edu.au

Early Learning Centre

Co-ordinator:

Bronwyn Maley

Ph: (02) 4365 3222

Prayer to St Michael

St Michael the Archangel,
defend us in battle; be our
safeguard against the
wickedness and snares of the
devil. May God rebuke him we
humbly pray; and you, O Prince
of the Heavenly Hosts, by the
power of God, cast into hell
Satan and all the evil spirits who
prowl about the world seeking the
ruin of souls.
Amen



OUR LADY STAR OF THE SEA TERRIGAL

*We love one another so that all may have a
sense of belonging; desire a relationship with God;
and want to share the Good News with others.*



16th August 2026

**20th Sunday in Ordinary Time
Year A**

Entrance Antiphon: Turn your eyes, O God, our shield; and look on
the face of your anointed one; one day within
your courts is better than a thousand
elsewhere.

1st Reading: Isaiah 56:1, 6-7

Psalm: O God, let all the nations praise you!

2nd Reading: Romans 11:13-15, 29-32

Gospel Acclamation: Alleluia, alleluia!
Jesus preached the Good News of the
kingdom and healed all who were sick.
Alleluia!

Gospel: Matthew 15:21-28

Communion Antiphon: With the Lord there is mercy; in him is
plentiful redemption.

Next Week's Readings: 21st Sunday in Ordinary Time - Year A

1st Reading: Isaiah 22: 19-23

Psalm: Lord, your love is eternal; do not forsake the
work of your hands.

2nd Reading: Romans 11:33-36

Gospel: Matthew 16:13-20

WEEKDAY SERVICES

Tuesday	18	7.30 am Mass
Wednesday	19	7.30 am Mass
Thursday	20	7.30 am Mass
Friday	21	9.00 am & 12 Noon Mass
Saturday	22	9.00 am Mass

WEEKEND MASSES - Next Weekend

Saturday Vigil:	22	5.00 pm Mass
Sunday:	23	7.30 am & 9.30 am Mass



Our website: www.bbcatholic.org.au/terrigan

*Welcome to all our visitors!
May you feel at home in our Parish.*

PARISH INFORMATION:

Baptisms:

Sunday Mornings at 11.30am by appointment.
Enquiries to our Parish Office to enroll.

Anointing of the Sick:

With 9am Mass on the last Friday of the month.
Please ring the Parish Office if you have a loved one who is ill or dying.

Reconciliation:

Before and after Saturday 9am Mass
(8.30 -10am) or phone the
Parish Office for an
appointment.

Weddings and Funerals:

Enquiries to the Parish Office.

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www.facebook.com/OLSOSParish

Baptisms

This weekend we welcome **Vincent Calabria and Jack Ridge.**

Congratulations and God's blessing to each of you and your families.



Eucharist 2026 - Year 4 and older

Communion Input for Parents

Wednesday 19th August at 7pm



Parent/Child Support Class

Saturday 29th August at 3.30pm

Presentation

5pm Mass on 29th August or 7.30am or
9.30am Masses on Sunday 30th August

First Holy Communion

Saturday 12th September at 5pm Mass or
Sunday 13th September 7.30am, 9.30am or
2pm Masses.

Enquiries to Janette 0421 416 555

Donations to the Parish

Donations can be made by:

- putting **cash** in the collection bag at Mass; or
- using the **Tap'n'Go** machines at the door of the church; or
- giving **directly** to our parish bank account:

Terrigal Parish

BSB:062 784

Acc:100001660 or

- using planned giving **envelopes**, available at the back of the church; or
- **regular (monthly) credit card donations**, arranged through the Parish Office; or
- using the parish QR Code:



Thank-you for your continued generosity.

St Michael Prayer Group Mass

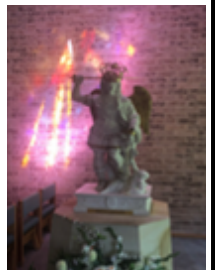
Thursday 27th August 2026

All welcome to attend and join with us for St Michael prayers.

Fr Tomasz Lepek will be with us on this evening.

A light support to follow.

Enquiries to Janette 0421416555



Piety Stall

Gifts and new items ready for Reconciliation & First Holy Communion. Also, a table in the Parish Office - come and take a look during the week.

Catholic Women's League

Morning tea Monday 17th August 10.30am at Breakers.

Meeting Monday 24th August in Parish meeting room 10.15am for 10.30am

Colleen Addison - 0425 368 431



Bible Study and Discussion

When: Every Thursday.
Time: 1pm to 2pm. In the boardroom.
Study: The Acts of the Apostles

We watch ½ an hour DVD teaching by a theologian, then discuss what we learned for ½ an hour. We limit each session to one hour. Written notes are provided for each session, a couple of days in advance.

**All Welcome. For more information
Call Elias 0459 220 208**

**7pm Praise and Worship and Bible Study
We are currently studying Romans.**



Our Lady Star of the Sea Playgroup

Looking for connection, friendship and fun? Join us at Playgroup each week for a relaxed morning of play, conversation and community.

Parents, carers and children ages 3+ are all welcome!

**OLSOS Parish Hall
9am-10am Wednesday (School Term Only)**

Please register your interest to the Parish Office via telephone or email.

Come and join the fun !

Enquiries to Sarah via the Parish Office

Catholic Womens's League

Scholarship Raffle

Tickets on sale until the CWL scholarship morning Tea on the 19th August. Your support is important for the students.

Tickets 3 for \$5.00

- 1st Prize: Gosford Race Package which includes lunch- Value over \$300
- 2nd Prize Floor Rug Value \$250.00
- 3rd Prize Orrefors Crystal Candle Holders and Silver Photo Frame.
- 4th Prize Nutri Metics products Value \$100

Love & Support Prayer Group

All are warmly invited to join our "*The Love and Support*" Prayer Group as we gather in faith, unity and fellowship. In the midst of our busy lives this is a special time to pause, reflect, and seek God together.

When: First Friday of the month

Time: 6.30pm to 7.30pm

Where: Parish Conference Room

Come and share in the grace and peace of praying together as a parish family in a small group.

For more information please contact:
Amanda on 0439 229 438



Scripture Reflection Hour

You are invited to enjoy an hour of peace to reflect on the following Sunday's Gospel reading.



We meet at 10.30am to 11.30am **Thursday** in the Parish Rooms. A gentle experience.

You are welcome to attend whenever you can. Bibles provided. If you are interested and would like to know more call **Robyn Wild** on 0410 454 650.



Taize Prayer

An hour of peaceful meditation, candlelight, music and silence in our church.

Come and experience the beauty of simple Taize Chant, reflective prayer and quiet stillness in the presence of God.

**This Sunday Evening
16th August at 6.00pm.**

This month's Theme is
"Preparing for Spring"

All warmly welcome.



Schoenstatt Sisters of Mary Centenary Jubilee Celebrations at Mount Schoenstatt, Mulgoa

Come join us as we give thanks for the past 100 years and entrust the future to the loving care of the Mother Thrice Admirable, Queen and Victress of Schoenstatt.

Date: Sunday 13th September

Time: Please be seated by 9:45am for a 10am start. The celebration is to conclude at approximately 3pm.

The day will begin with a Solemn Mass of Thanksgiving with Archbishop Anthony Fisher OP followed by light refreshments and an official program. Parish bus groups are encouraged. An exhibition on the Schoenstatt Sisters of Mary will be available for viewing in the Family Hall from 8:30am – 6:00pm.

To RSVP and for more information scan the QR-Code or visit: www.schoenstatt.org.au



A Message from Fr John Parish Administrator

I will be away on annual leave from 10th August to 28th August and will be travelling to Toronto, Canada, during this time.

During my absence, we warmly welcome Fr Alex, Fr Vincent (Wyoming Parish), Fr Jack and Fr Ken who will be celebrating our weekday and weekend Masses.

Fr Vince will be assisting with the First Reconciliation celebrations for our children preparing to receive the sacrament.

I sincerely thank all these priests for their generous assistance and thank you, our parishioners, for your prayers and understanding.

I look forward to being back with you and continuing our shared journey of faith.

May God bless you all.

We Are Looking for New Catechists

Catechists share their Catholic faith, The Good News, with students in our State Schools

Where

We teach in 6 different state schools: Avoca, Erina Heights, Holgate, Terrigal, Wamberal & Woodport

When

Tuesday, Wednesday & Thursdays

Times

All classes are only ½ hour each. Times varies. Earliest start: 8.50am | Latest finish: 3.20pm

What Does a Catechist Do?

- * Teach the authorised Catholic Program with step-by-step lesson plans designed for Catholic children in state schools
- * Training and lesson materials provided
- * No experience necessary – only an hour or two per week including the ½ hour at the school
- * Grow your own faith as you teach a positive message about our loving God

The Children Need You and Me!

Phone: Elias Bastoli, Catechist Coordinator – 0459220408
Email: eliasbastoli@gmail.com

Pope's Prayer Intention – August 2026

For evangelisation in the city: Let us pray that in large cities often marked by anonymity and loneliness we find new ways to proclaim the Gospel, discovering creative paths to build community.





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*Feeling Called to Mission?
Start Here.*

LIVE ON ZOOM

Applications for 2027 are open!

ONLINE INFORMATION NIGHT

10 Sep 2026	7:00 PM	Live on Zoom	
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REGISTER www.aretecentre.org

MEN'S BUSHWALKING GROUP

This week we walked a section of the Mouat Track in the Rumbalara Reserve. One of our longer and harder walks in the reserve but well worth the effort. We needed to carefully mind our steps due to lots of small fallen branches along the way following the strong winds on Monday afternoon. The weather gods were kind and produced ideal conditions. Sadly, as we had to reschedule to Wednesday, several of our regular gents weren't able to join us on the day. Lunched at the Elanora in East Gosford.

Our next walk is planned for 25th August. Any gentleman interested in participating in the walks, please contact Stim Robinson on 0401 058 329 or stimrobinson@hotmail.com to get further details including where to meet for the walk. Our walks usually take an hour and half or so and then we head off for lunch nearby.



MGL Sisters: Homecoming Silent Retreat 28-30th August, Carmel House, Varroville

"His father saw him, ran to his son,
threw his arms around him and kissed him."

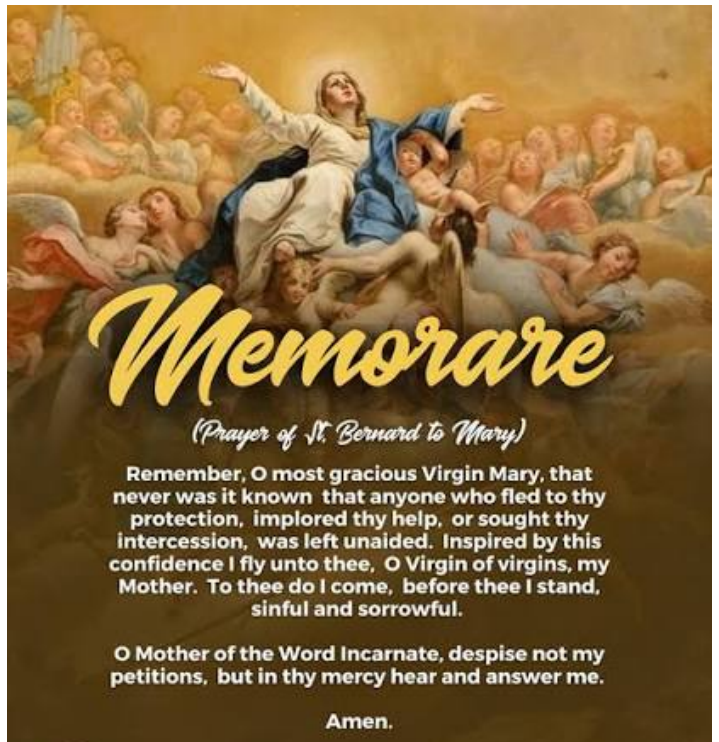
Lk 15: 20

Your heavenly Father waits for you to come away with him for a weekend of silently soaking in his great love for you. Embrace this opportunity for encountering deep peace and serenity. This retreat is for men and women aged 18+. Hosted by the MGL Sisters.

Choose from a weekend retreat or extend your time with a 5 day retreat option.

w/e: <https://www.trybooking.com/DIDBK>

extended: <https://www.trybooking.com/DIDBU>

Memorare

(Prayer of St. Bernard to Mary)

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided. Inspired by this confidence I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful.

O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

Amen.

Feast of St Bernard Thursday 20th

Bookclub

The last Friday of every month at 1600 in the parish offices our book club meets to engage in dialogue with a confederacy of authors.

This month we are reading **Surprised by Joy** by C S Lewis. Theresa Times Literary Supplement in the year it was published noted that the tension in the final chapters of this conversion story "holds the interest like the close of a thriller". The Christian Century wrote "it is one long chat with a witty, wise, sophisticated scholar. It has eloquence and humour and startling insights. It has some of the most perceptive theology Lewis has written, done up more beguilingly than ever before. Here is a man you will be lucky to know – this engaging "snob in Christ". The book has been immensely influential so the discussion should be interesting. Join us if you can.

In September our group will be focussing on Pope Leo's encyclical **Magnifica Humanitas**- a reflection on the role of AI in our lives.

In October we will discuss the conversion story of J D Vance as outlined in his book **Communion**. From Evangelical Protestantism to atheism and finally into Catholicism.

Gazboantonius@gmail.com

What is spiritual direction?

In spiritual direction you reflect deeply on the experiences of your daily life, your loves, hurts, dreams, joys and fears.

Gradually, as you contemplate, you may begin to discover how God's spirit is moving in your life and that God has been waiting for you to see this closer relationship.

Spiritual direction is really not about being directed, nor is it therapy, or counselling. Rather, it is very much about being encouraged to draw closer to God whether that be in your prayer life, relationships, in nature, or in the events of your life. The privilege and responsibility of a spiritual director is to journey with you, in one-on-one conversations, as you deepen your relationship with God. What is shared is held in confidence. A meeting time is agreed upon, usually once a month, for an hour.

If you are interested in participating in spiritual direction please call Robyn Wild on 0410 454 650



5pm Mass Saturday Nights

15.8.2026 - Louise deSousa & Robyn Lentini

22.8.2026 - Maree Eve Mallet & Robyn Lentini

29.8.2026 - No Liturgy

05.6.2026 - Robyn Lentini & Eileen Henry

Visitors Welcome

OLSOS Craft Group

The craft group meets fortnightly on a Wednesday, from 12:30 to 2:00 pm in the Parish Office.



Next meeting is the 19th August.

Communication via text and email.
Group: Cath - 0432 982 622
Office: 4367 4610
Email: starsea@bigpond.net.au

The Seasons Growth for Adults Program

is an education program designed to support and equip adults in their knowledge, skills and understanding of experiences of change, loss and grief. Mission Broken Bay is planning to host a three-hour seminar, Understanding Change, Loss and Grief, on the Central Coast in September in two locations. This seminar is designed for individuals and groups seeking to deepen their understanding of the experiences of change, loss and grief, while exploring the ways we can compassionately support ourselves and others through times of transition and sorrow. Online Information Session for Understanding Change, Loss and Grief Seminar 7pm Wednesday 19th August. Enquiries or to register: mission@bbcatholic.org.au

ROSTERS FOR SERVERS & EM



Saturday - 5.00pm

15/08/2026	Server V Duverge	(EM) A Vilder, T Gorman, P Ross & O'Donnell
22/08/2026	Server R Zadro	(EM) J Costello, S Dunn, L Gray & T Gorman
29/08/2026	Server L George	(EM) L'O'Donnell, M Perry, P Ross & A Vidler
05/09/2026	Server P Proust	(EM) J Costello, S Dunn, L Gray & G Catanzariti

Saturday - 7.30am

16/08/2026	Server M Slattery	(EM) J Rogers, B Brown, N Barcha & B Reid
23/08/2026	Server B Lobo	(EM) A Richards, B Brown, J Rogers & B Reid
30/08/2026	Server M Slattery	(EM) N Barcha, B Brown, B Reid & J Rogers
06/09/2026	Server M Slattery	(EM) B Brown, S Petith, B Lobo, & A Richards

Sunday - 9.30am

16/08/2026	Server J Tarrant	(EM) R Ayers, A Bone, K Curtis & C Addison
23/08/2026	Server E Bastoli	(EM) R Ayers, A Bone, C Addison & K Curtis
30/08/2026	Server B Lobo	(EM) R Ayers, A Kopecky, J Merrotsy & R Lentini
06/09/2026	Server B Lobo	(EM) A Bone, C Addison & K Curtis

**EM =Eucharistic Minister or correctly Extraordinary
Minister of Holy Communion**

ROSTERS FOR READERS OF THE WORD



Saturday - 5.00pm

15/08/2026	(1) Coral Foo	(2) McCuddens
22/08/2026	(1) Julie McManus	(2) Helen Grady
29/08/2026	(1) Goodworths	(2) Maureen Reynolds
05/09/2026	(1) McCuddens	(2) Georges

Sunday - 7.30am

16/08/2026	(1) Sandra Petith	(2) Betty Brown
23/08/2026	(1) Ivy Holly	(2) Jeanette Rogers
30/08/2026	(1) Robyn Wild	(2) Sandra Petith
06/09/2026	(1) Chris Hartcher	(2) Anne Strong

Sunday - 9.30am

16/08/2026	(1) Anna Mackson	(2) Colleen Addison
23/08/2026	(1) Graham Sproats	(2) Jane Watts
30/08/2026	(1) Janette Merrotsy	(2) Vic Wilmot
06/09/2026	(1) Susan de Brincatt-Moffatt	(2) Janette Merrotsy

Please collect new roster from rear of church.

Bus to Mass

The Parish bus collects
parishioners for 9.30am Mass.



If you would like to be picked up,
please contact Stephen Coyle via the Parish Office.

Thank you to the people who volunteered to drive the
Parish bus.

Prayer Requests:

Recently Deceased

Jon Ruhl	Joan Kearney	Ian Mellor
Helena Lechowski	Boni Matz	Joe Fabri
Angus Hextell	Barry Shanley	Paul Quinn
Geoff Macnamara		

Anniversaries & Remembrance

John O'Donnell	Mildred Du Preeze	Phillip Lever
Maria de Brincatt	Mary Kali	John Lentini
Ralph Goss		

Sick

Jaques Miniassan	Barbara Russ	Fred Whyte
Sandra Jackson	Lucy & Pia Favetta	Kate Terry
Julio Marquez	Donald, Xi, Susie, Vladimir & Charles	
Stephanie Empson	Suzanne Russo	Sylvia Mann
Margaret Dwyer	Baby Rosie	Baby Levi
Kye Mc Intosh	Michael Hallett	Eileen Clayton
Denis Smith	Noelene Sherwood	XenieStar
JoanKearney	Maeve McDonald (4yrs)	
Jose Patino	Jane Smith	Greg C
Tracey Homan	Bernadette Kennedy	Joyce Hone
Elizabeth D'Souza	Kathleen Martin	Ron McGuinness
Jackson Howard	Matthew Cooper	VeronicaBishop
Marie Campbell	Mary Smith	Debbie Bell

MORNING TEA ROSTER



**Please stay and join us
After 9.30am Mass**

Group 1	Wanita Lynch, Mary Howes, Robyn Lentini & Julie Tarrant - 16.08.2026
Group 2	Robyn Lentini, Robyn Wilmot & Elaine Cooper - 23.08.2026
Group 3	Barbara Clarke, Sue O'Connor & Eileen Dodds - 30.08.2026
Group 4	Anne Strong, Eileen Dodds, Mary Portelli & Mary Jones - 6.09.2026
Group 5	Robyn Ayers, Juliet Mathew & Kate Curtis - 13.09.2026
Group 6	Chris Whalan, Viv Ball, Pat & Alison Bone - 20.09.2026
Group 7	Ian & Pat Rimes, Bernadette Wright, Linda & Isabel Lee - 27.09.2026

**Everyone is welcome, and we also invite you to bring
along something to share together to eat.
It may be a packet of biscuits, but more interesting is
something to share that you have cooked.**

Weekly Cleaning Angels Roster

17th August 2026

Anna Camilleri, Vicki &
Graham McGuinness

More helpers needed for this group

24th August 2026

Eileen Dodds, Sor Morales, Pamela Price
& John Donnelly





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Chris Roumanous 0406 500 913
chris.roumanous@raywhite.com

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natsukimerrotsky@gmail.com
or
Enquiries to Janette at the Parish Office



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